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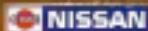
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USGF GYMNASTICS

The Official Publication of the United States Gymnastics Federation

MAY/JUNE 1988

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on the cover:

Scott Johnson, who competes on the collegiate level at the University of Nebraska, earned an excellent routine on the parallel bars with great sequence, impeccable form and much a double-pike dismount. Johnson, who is a senior on the NCA champion Cornhusker squad, received the highest mark, a 9.95, to be the top acer in this issue.

(Photo by Diane Black)

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USGF GYMNASTICS is printed bi-monthly by the United States Gymnastics Federation. Subscription rates for 6 issues are: USA—\$12; Canada—\$14 (US currency) and foreign—\$12 (US currency); 1st and 2nd Single copy price is \$1.50. Copyright © 1988 by USGF. All rights reserved. Printed in USA. Machines: Plate, 1144E, 101 West Washington St., Indianapolis, Indiana 46224. No responsibility is assumed for loss or damage to unsolicited manuscripts or artwork. All editorial contributions should be accompanied by self addressed stamped envelope. Executive and editorial offices located at: Merchandise Plaza, Suite 1144E, 101 West Washington St., Indianapolis, Indiana 46226.

Unless expressly identified to the contrary all articles, statements and views printed herein are attributable solely to the author and the United States Gymnastics Federation expresses no opinions, theories and assumes no responsibility thereof.

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Back to Basics

Did you hear about the 15-year-old executive who went out of town to buy a hamster and upon his return found his office engaged in a bidding war? When he asked his office manager how this happened, the manager replied, "We had more requests and calls in this other area and since they were taking more of our time the logical thing seemed to be to make a change."

So what does this have to do with the United States Gymnastics Federation? The fact that 80 percent of our calls and business pertains to the competitive and elite level program has caused our past efforts to emphasize and service this aspect of the sport. Of course our Olympic hopefuls and national team is of great importance to all of us. At the same time this group encompasses a very small part of the total gymnastics picture. Most firmly, the great majority of our gymnasts, unfortunately will never have any contact with the portion of our sport.

Sharpening the Tip of the Iceberg

It is easy to conveniently emphasize the star program. Television, sponsors and people like to identify with the Olympics and world champions. But what about the masses in the gymnastics population that cannot directly derive benefits from their club-based programs by the success of the national team? Here we thought about them:

Back to Basics

Less than one year from now the greatest event in the history of sports, the 1984 Olympic games, will take place in Los Angeles. All of us realize how critical this event is for gymnastics. The tremendous void left by the boycott of the 1980 games has affected every aspect of our sport. We desperately need the visibility of the 1984 games more than ever. At the same time we need to have the machinery available to take advantage of the anticipated new education and growth of gymnasts after 1984.

The USGF will provide that direction and leadership. Our new administration is not just looking at the top of the pyramid, but more clearly, at the breeding base. We are not just trying to sharpen the point, but to broaden the base. All in the business and sports need a way and means of doing this. Within the next 12 months you will see a new direction and emphasis. After only three months we have taken this new direction with vigor and commitment.

Let me briefly introduce some new programs that you will be hearing about in the near future:

I am pleased to announce that the USGF has appointed Dr. Gerald George as its Coordinator of Education and Safety Development. Dr. George has the responsibility of compiling and editing the new USGF Safety Manual which is scheduled to be introduced in the fall of 1984. A coaches and officials' certification program will soon follow. Reference manual, educational USGF safety posters will be produced quarterly. The first will be available at the TBS Congress.

The USGF will be introducing an additional insurance program to be added to our current package. The program will be based on original enrollment, claiming individual registration. Also included in this new program will be discounts for preschool programs all available at the most competitive market rates. In addition a member survey is being sent out all over the gymnastics community trying to secure information on an area we seldom think about - reference! The USGF will present a coach and officials' reference program this fall. The program developed will be based on the results of the survey.

There is much more. The USGF will be launching a series of 16 regional clinics/semiprivate programs specifically at developmental gymnastics facili-

ties. The schedule and locations will be available this fall.

I am pleased to announce this fall the USGF will introduce a series of business management and opportunity seminars specifically geared for the private gym school owner. Designed with the club owner in mind, this program will familiarize prospective independent gymnastics clubs in the role of business management. The first program will be held a few days prior to the 1984 Congress in Washington D.C. There will be 11 additional seminars strategically located all over the US during the six months following.

Most importantly we are in the planning process to provide much needed program materials, information and research in sports medicine, sports psychology, program planning and development, pre-school activities, legal topics, fund raising, management and administration, program generation and future insurance and management.

The USGF is dedicated and committed to the promotion, development and growth of gymnastics at all levels.

Please be assured that we will diligently pursue this plan of action. We are looking forward to your participation. Together we can better prepare for the future of our sport.

For the United States Gymnastics Federation.

Michael J. Gossin
Executive Director

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Nebraska Harvests 5th NCAA Title

UCLA's Peter Vidmar Captures All-Around Honors

The name was the same, only the place had changed as the University of Nebraska Cornhuskers used a steady performance to shock challenges by UCLA and host Penn State to capture its fifth consecutive NCAA Men's collegiate gymnastics title.

For the first time in three years Nebraska was not the host school for the NCAA championship, but performing on foreign turf didn't bother them much. With the top three keeping pace with each other Nebraska started mounting a surge after the fourth rotation that challengers Penn State and UCLA just couldn't keep up with.

The best collegiate gymnasts from the nation were assembled for this three day event. Qualifications for teams and individuals was based on an average of top scores earned during the regular season with three of the top five marks scored on the road.

From each of the NCAA's four regions for gymnastics the top team and the top individuals were selected. In addition to the best from the regions an additional six teams and four individuals on each event were selected to compete.

All Around

Compulsory exercises were the first half of the all around competition. Of the 32 gymnasts who performed 29 scored above the minimum 52.00 which was one of the criteria used to select all around competitors for the championships. There were 17 who scored above 55.00 and seven whose marks were over 57.00. Only UCLA's Peter Vidmar broke the 58.00 mark with an excellent 58.60.

Going into the optional rotation Vidmar held a substantial lead of .75 over his nearest competitor. Scott Johnson Johnson had upgraded his optional exercises but it was not likely that Vidmar would make the mistakes necessary for Johnson to overtake him.



Scott Johnson (above) and Peter Vidmar (right) demonstrate just how different their 5th NCAA careers in flooring, second and fourth respectively in the all around competition. (Photos by Steve Black)

That a trend which had occurred in the last two NCAA championships had stopped. That is, the Nissen Award winner, Vidmar, would not be upset by Johnson as Jim Hartung had upset Bert Ginter (1981 Nissen Award Winner) and Vidmar had upset Hartung (1982 Nissen Award winner).

Of the top seven all around competitors, only Vidmar and Johnson maintained their places after compulsories and options were totaled. Brian Babcock, Phil Cahoy and Tim Duggan all managed to improve their standing on the strength of their options to third, fourth and fifth respectively. Chris Riegel and Roy



1944, major British governments on an average have passed total of \$5.85 to take the NADA of around 100000 who amounts to 1850 points, though many companies with Johnson who passed 115.95 placed themselves another 100000 from Federal Johnson plan and 225.25 points (Globe of the Army, 1944).

Palauou dropped to sixth and seventh. Note: Both Baggio and Palauou are dynamic goalkeepers with excellent international careers ahead of them.

In addition to the All American performances of the top six, the depth of the all around competition was markedly improved over 1982. Twenty-four gymnasts scored over 108.00 in 1983, while only 14 achieved that mark in 1982.

The most marked change in floor exercise over last year was the number of gymnasts using difficult combinations of tumbling.

PRELIMINARY OPTIONS

For the second consecutive year competitors did not need to earn toward team or individual event qualifications to the finals. Without concern for the compulsories, individuals and teams had been able to concentrate on their options. Depth abounded on each event in the preliminary options.

FLOOR EXERCISE

The most marked change in floor exercise over last year was the number of gymnasts using difficult combinations of tumbling. In addition, transitions were more stylish and original. Rail rotating

continued on page 33

TEAM FINALS

NEBRASKA

Order	Species	Common Name	Location	Notes
1.	Wheat	Common Wheat	Wheat Field	Large field
2.	Barley	Common Barley	Barley Field	Large field
3.	Flax	Common Flax	Flax Field	Large field
4.	Linseed	Common Linseed	Linseed Field	Large field
5.	Mustard	Common Mustard	Mustard Field	Large field
6.	Oilseed Rape	Common Oilseed Rape	Oilseed Rape Field	Large field
7.	Linseed	Common Linseed	Linseed Field	Large field
8.	Flax	Common Flax	Flax Field	Large field
9.	Barley	Common Barley	Barley Field	Large field
10.	Wheat	Common Wheat	Wheat Field	Large field

double and triple twist were common. Thirty-one gymnasts earned 9.45 or better and 9.60 was the cut off for individual finals.

Pommel Horse

Only a relatively few gymnasts were working to the handstand position last year; this year it appeared to be an unspoken requirement. Twenty gymnasts scored 9.45 or better and those scoring below 9.70 did not qualify for finals.

STILL RINGS

The still rings were marked by solid swings in both directions, good strength but relatively little originality. Half-in, half-outs and double layouts were the standard dismounts with the exception of

Interestingly, vaulting required only 9.70 to reach finals, while pommel horse and high bar required 9.75 or higher to qualify.

two double twisting doubles. Twenty-one gymnasts attained 9.45 or higher. The finalist had to attain 9.60 or better to reach the top eight positions.

VAULT

The usual variations of handspring fronts (tuck, pike, early and late half twists), backhands (pike, layout and full twists) and Kauanuas prevailed. Interestingly, vaulting required only 9.70 to reach finals, while pommel horse and high bar required 9.75 or higher to qualify.

PARALLEL BARS

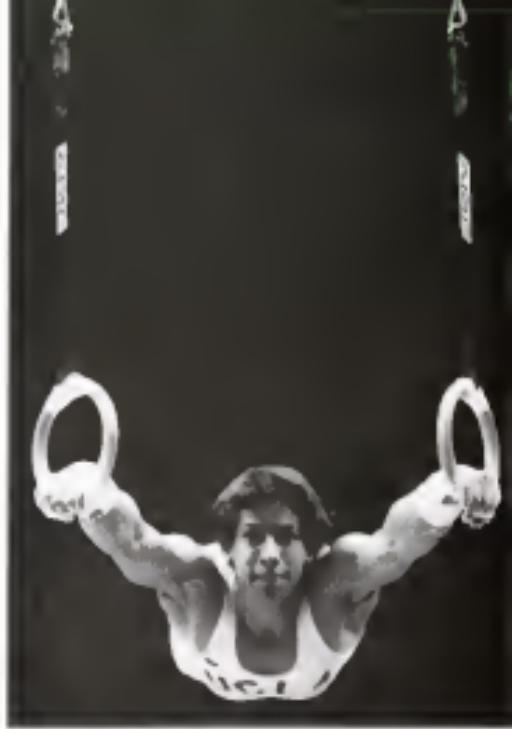
Parallel bars is still the weakest event at the championships. Thirteen gymnasts qualified for the finals. Seven of these qualifying did at 9.45 even though the technique and execution were excellent, originality suffered in most routines.

HORIZONTAL BAR

As with the handstand on pommel horse, one arm gains were done in nearly every horizontal bar routine. Unlike rings, vault and parallel bars, many original combinations into and out of one arm gains were demonstrated.

Twenty-six gymnasts scored 9.60 or better. This seemed to be the most exciting event for the spectators.

See page 34



Tom Clapp of UCLA (above) and Brian Boitano (left) both won their second national championships. Peter Vidmar (right) also placed fifth all-around, for Ray of Minnesota (top) grabbed 20th all-around, for the Golden Gophers.

(Photographs by George Borchs)



INDIVIDUAL FINALS
FLOOR EXERCISE

NAME	PRELIM	FINALS					TOTAL	SCHOOL
Brent	7	98	98	99	98	980	1	9,900
Hinton	7	99	97	98	99	980	1	9,900
Johnson—S	2	98	99	99	99	990	1	9,900
Vidmar	2	98	98	98	98	980	4	9,800
Sweeney—J	7	98	97	98	97	975	5	9,750
Graham	7	98	98	98	97	975	5	9,750
Riegel	1	97	97	97	98	970	7	9,700
Dynes	5	97	97	97	98	970	7	9,700

POMMEL HORSE

Kieso	8	10	10	98	98	985	1	9,950
Lauman	5	99	99	99	98	990	2	9,900
Vidmar	1	99	99	99	99	990	2	9,900
Bebcock	5	98	98	98	98	980	4	9,800
Daggett	5	97	98	98	97	975	5	9,750
Pelassou	3	96	97	98	96	960	6	9,600
Schwartz	1	98	96	99	99	985	1	9,850
Johnson—S	2	98	98	98	98	980	2	9,800
Viscardi	7	96	98	98	97	965	3	9,650
Amot	7	98	96	98	98	980	4	9,800
Coelho	5	95	96	97	95	955	5	9,550
McMurchie	5	98	94	95	94	945	6	9,450
Stomski	7	95	94	94	94	940	7	9,400
Bebcock	3	94	93	94	93	935	8	9,350
Vidmar	3	93	94	91	90	900	9	9,300

See more results on page 25

Why Come to a USGF Congress?

October 6-9, 1983

- It's the one time of the year when coaches, judges, administrators, club owners, and manufacturers, from all over the country meet with new ideas and products...
- It's a time when people from all levels and aspects of gymnastics can learn and exchange ideas with the most qualified clinicians in our sport...
- It's a time to communicate directly with the new administration of the USGF... making an investment in your membership...
- It's a time to see the latest in gymnastics products and services...
- It's a time to meet and make new friends...



(Photo by Dave Blank)

The 1984 Olympic Games will be in Los Angeles next summer, and all levels of gymnastics will benefit from the resources generated from this event as they did in '72 and '76. Through a cooperative effort, the planning we did now will determine how our sport will fare in the eighties and beyond! The challenge is not just for *he*... but for all who want to make gymnastics a better place for all athletes...

To ensure the quality of the growth and development of gymnastics...

Can You Afford Not to be at Congress?



See pp. 26-27 for the 1983 Congress schedule and call 1-800-315-3199 or write your reservations early.

INTERNATIONAL

RHYTHMIC PROGRAM REPORT

By Andrea B. Schmid

During our recent Rhythmic International Invitational there were two great strides made in proving to the world that the United States is on the way up.

The competitors were scheduled very close together, which made for a tiring trip. In spite of this, our young girls earned a great deal. The team, composed of Lydia Barr, Michelle Benabe, Valerie Ziemann, Olympic Coach Alis Breslau, and myself, took to the air for Bulgaria on May 4, from JFK Airport, New York.

The exposure and experience that must gained by competing against the best in the world greatly enhanced our international recognition in the sport. It also gave our talented coaches, Breslau and Zem Minoew, a chance to measure our progress in preparation for the Olympic games in Los Angeles.

Because of our poor flight connections to Bulgaria, we arrived in Sofia the evening of the 5th, totally exhausted. The other 24 competing countries had already been there two or three days.

With just an overnight rest, we began competition the next day. In the morning we arrived at the arena for a light work-out and a 15 minute meeting on the competition floor.

Our girls looked need. We were to find out later that Lydia's fever was due to a kidney infection. She missed the competition and we all did the most we could to observe. Many thanks to the Bulgarian host and doctors for their frantic help.

BULGARIA

The JULIETTA CHICHMANOVA INTERNATIONAL TOURNAMENT was held in Sofia May 6-8, 1983. Each of the 24 nations sent one of their best competitors. The level of competition was very high, and as usual, the Bulgarians were sensational. Their gymnasts completely dominated the individual and all-around awards.

Wrapping with a dramatic score of 39.653, Lily Ignatova also swept first place in all four events. She was followed by her teammate, Anna Ralewova (39.132) who placed second in each event.

Valerie and Michelle added confidence and performed far below their capabilities at this meet. Both dropped the club three times in the event I was judging. In addition, Michelle and Valerie each dropped the baton once.

Valerie received scores of 8.853 (elbow), 9.100 (ball), 8.855 (clubs), 9.156 (ribbons); a total of 35.548—10th place. (Note: These strange scores were the result of new judging experience—wholly five judges scored each routine in addition to the supervisor judge. The lowest and highest scores were eliminated and the three middle scores then averaged.)

AUSTRIA

Winter Neumann hosted the AUSTRIAN INVITATIONAL MEET on May 11, 1983. Both Valerie and Michelle were feeling and looking good. Still sick, Lydia competed as an alternate. Six countries participated in this meet: Austria, Hungary, New Zealand, Holland, West Germany, and the United States. Michelle and Valerie triumphed by winning four of the five first place. They demonstrated excellent execution, elegance, magnificence and feeling. I have never seen them perform with such grace and dynamic energy.

Valerie's consistent performance was her all-around honesty, scoring a 37.59. She also received the top score in the arms (9.30) for her beautiful ribbon routine, and placed second in the ball and club categories.

Michelle began the competition winning the first two events, the hoop (9.90), and ball (9.45). She placed second on clubs (9.35), but her ribbon routine lacked the accuracy required, thus scoring a 9.10 for ninth place. If Lydia had entered as a competitor rather than as an alternate, the world have placed eighth in the all-around.



Michelle Benabe and the rest of the Rhythmic squad did well in the international competition proving added experience. (Photo by Diane Black)

Although we showed some inconsistency, we also showed that we have great potential. Our score averaged more than a point higher than in the 1982 competitions.

Two panel judges officiated the alternating hoop and ball routines, followed by the club and ribbon events. Each panel of three judges scored the routines. The three scores were added and then averaged to arrive at the mark. I was involved in both the ball and ribbon events.

FRANCE

Every year, Caribé—Evasion hosts the VERONIQUE DE KRISTOFFY INTERNATIONAL TOURNAMENT. This year a was held on May 13-15, 1983. The top three gymnasts from 28 nations took part in this competition. In the last World Championships, 31 entries participated; Canada, China, and Mexico were absent from this competition.

All the countries who competed in Bulgaria, except Canada and Greece, competed here. In addition, five other nations joined the competition. They were Brazil, Denmark, England, Israel and Sweden. The meet was very well organized under the leadership of Jeanne Rousli, F.I.G.—President for Rhythmic Gymnastics.

The judges showing complete lack of experience at the international meeting. I drew no judge hoop in the preliminary meet and she served in a head judge for ribbon in the final.

The U.S. team compiled very well overall but under the pressure of this big meet showed some inconsistency. The Bulgarians dominated the men winning all the medals: 10. Lydia Ignatova—top score in all-around; 39.20; GI Doina Ganevacheva—38.63; CH Doina Ganevacheva—38.50; (23) Michelle Benabe—38.45, (25) Valerie Ziemann—36.35, (34) Lydia Barr—35.70.

I was pleased with our team performance. Although we showed some inconsistency, we also showed that we have great potential. Our score averaged more than a point higher than in the 1982 competitions. We received many compliments as to how much we improved and how good our girls were. Building the prestige of a major competition will come with more international experience.



GYMNASTS JOURNEY TO LA '84

McDONALD'S CLASSIC
USA vs. USSR



USA vs USSR 1983

By Mary Wright

When the Soviet men's and women's gymnastics teams were invited to the USA for a much sought after competition, the Americans involved hoped to compete against some of the USSR's top gymnasts. They were very surprised to see that the Soviets sent their seven top ranked men and seven of the top 10 women. This was a frightening, yet unbelievably exciting, line up of the world's very best.

Obviously, the men led by 26 year old Datskin were here to assess the arena where they would be competing for the gold in the Los Angeles Olympics in 1984. The youngest and perhaps the most outstanding performances were exhibited by Diana Bilyarchuk who at 17 was remarkably calm and consistent. The women's team on the other hand, was comparatively young with ages ranging from 14 year old Schenikova (the Jr. Soviet Champion) to 17 year old Mostepanova. Age however was of little consequence to this highly talented and very experienced team.

The American men were eager for competition and were ably led by UCLA's Peter Vidmar. It was a strong USA team and possibly the nucleus for the upcoming World Championships. The women's team had the strength and maturity of Kathy Johnson and Julianne McNamara and were well represented by 14 year olds, Michelle Dusmet and Penny Bileck. Indeed, it was the inexperienced Dusmet who performed in front of her hometown fans and won the bronze in the all-around behind two of the Russians.

The men's and women's all-around competitions were held at Loyola Marymount University on April 22nd and 23rd and the men's and women's individual event finals were held at Pauley Pavilion at UCLA on April 24th. The meet was organized and hosted by the SCAT's of Huntington Beach, California, and sponsored by the McDonald's Corporation and Nissan Motor Corporation. It was sanctioned by the USGF and the ABC television network covered the event.

To organize a meet of this magnitude takes hundreds of working hours from the diplomatic communications between the SCAT's, USGF and the Soviet Union to the seemingly impossible tasks performed by the SCAT's parent organization.

The Commissions for Gymnastics for the Olympic Games, Richard and Hyde Series, were involved throughout and were always eager to learn the ropes of this wonderful sport.

Cheryl Grace was the USGF representative and worked closely with Richard McGinn on the technical aspects of the meet. The great voice of Jim Clure was apparent during the meet as the commentator.

It was a cool evening and the men warmed up in the Loyola Gymnasium waiting for their moment of exposure. The crowd was not large in fact just over half of the arena was full. The newspapers had given us no support and the advertisements for this major international event had been running for almost a month.

Korolev was top scorer for this event with a 9.85. He executed double layout, 2nd pass double from, 3rd pass full in double. Truly an incredible performance and present champion of the USSR. Mitch Gaylord and Peter Vidmar (USA) and Bilyarchuk (USSR) all scored 9.80. Gaylord's unique style impresses both the judges and audience. He moves constantly the first half of his routine and his layout pike full in was excellent. His form is much better now and his tumbling is always very high. Vidmar had a good landing on his full in and stuck his double back 2nd pass. His work is very clean throughout and he dismounted double pike. Bilyarchuk mounted piked full in and does a super Thomas flair into a double piroouette on his hands to finish in a wide inverted hold. It seems double backs are very common final passes.

Parallel Bars

A 9.85 was shared between Vidmar and three Soviets: Korolev, Bilyarchuk and Antonov, and the scores from the other gymnasts were all very high. Dan Connolly from Cal. Sun Northeridge feels the USA holds their own against the Soviets on this event. Martsasov displayed excellent form throughout a very difficult routine which went through the handstand twice and his score of 9.80 was perhaps too low. Antonov performed with fantastic amplitude with tremendous difficulty but was not as precise as Martsasov. Korolev had to press his handstand a little but his form was impeccable. Dan says "Parallel bars is in a state of transition with handstands being done but very few are able to go to handstand in a flowing and continuous way." Bilyarchuk was simply fantastic, extremely original but had a slight deduction when he hit the home. Vidmar has good form as is his trademark along with a very difficult routine. His work is "very precise, not as exciting, but no place to deduct," says Connolly.

Rings

Jim Hartung scored a 9.95 for a routine which showed much strength and he held his strength parts when necessary. He was solid and stuck his 9 in 9 out dismount. Gaylord and Bilyarchuk shared a 9.9. Gaylord has an exciting routine finishing with a triple



Bilyarchuk (Arthur Bilyarchuk (author)) is always demonstrating a Thomas-Fair in his floor exercise. A unique, fluid and difficult skill.

back dismount. The crowd whistled their approval for this American star and Connolly, who was Gaylord's former high school coach, said, "That's my boy." Bilecenko had a weak dismount, double layout, for an otherwise super smooth form, and strong routine.

Vault

A 9.85 was the top score for this event and it was achieved by five gymnasts. Artimov's piked front with 3½ twist had excellent form and height whereas Kostylev, who performed the same vault for the same score had leg heaves and a lower landing. Bilecenko's handspring front with 3½ twist was in layout position and should have received a higher score for an excellent vault. The other two 9.85's were awarded to Gaylord and Johnson for their full twisting layout vaults. Johnson had a small step on landing while Gaylord stuck his. Both were excellent vaults.

Parallel Bars

Scott Johnson performed the routine of his life with great sequences, impeccable form and a stock double pike dismount. He received a 9.95 to be the top scorer on this event. 9.8's were awarded to Martsashev, American, who was possibly the best back uprise to back seat ever, and Kostylev whose giant sequence was super but was slightly off his best form. America's Vulturin also received a 9.85 for a well constructed seat and very original routine. It's interesting to note that over five scores the USA totalled 49.10 to USSR's 49.00, a very close and exciting event.

High Bar

Peter Vulturin had high score on the last event of the evening. He was also the last performer of the evening and his routine which included three releases was dynamic and exhilarating. The score between the two countries was very close and crowd was disappointed when Gaylord sat down on his triple flyaway after displaying an exciting routine. Mario McDowell was first run up for the USA and his 1 arm reverse handstand was just fantastic. He undoubtedly has the best form of an American male gymnast and if he had gone up towards the end of the line up his score of 9.8 would almost certainly have been higher. Martsashev's 1 arm, 1 arm precess, 1 arm blind change to Huggins roll was fantastic. Tim Daggett also received a 9.85 for a great routine with very difficult skills very well executed. Doriani scratched this event because he had twisted his knee the first day of training and Malina, the alternate, was apparently even more hurt than Doriani.

Final Score - USA 293.00 USSR 293.00



Final place finisher Vasil Kostylev (above) prepares to finish his own giant during the USA USSR meet. Kostylev received a 9.85 in this event. (Caption by Gene Block)

WOMEN'S REPORT

Vault

It was evident the Russians were not going to give away any points for execution. They demonstrated precision and control with legs always together and toes always pointed. They also showed much better discipline in their landings. The American girls performed equally difficult vaults but generally did not perform them as well.

Julianne McNamee competed an excellent full twisting tucked take to tie for first place with Olga Minuspina who performed a layout dismount. Olga's form was excellent, legs were together, toes pointed and a stock landing. Julianne was the only American vaults who displayed the same precise form in the Russians. They both scored 9.8. Four girls received 9.75. Tatror Taleeva, Lina Brasheva and Albina Shishova all stuck a round off half twisting tucked vault and each scored 9.75. Parsons flicked a 9.75 for her high full twisting tucked vault.

The Russians displayed more depth having to count a low score of 9.7 to USA's low score of 9.55.

Uneven Bars

Both countries had problems on bars with the USSR having two girls break and one girl fall while the Americans had one cover up routine and three girls fall. Brasheva's 9.75 was high score on

Doris Bilecenko (left) shows his version of the Chinese Flair on the uneven bars. Bilecenko finished second overall.



bars. She showed strength and swing with her giant 1½ twist and a free hip hecht back dismount. Mostepanova scored a 9.7 exceeding a giant reverse hecht where she hit the bar with her foot bar otherwise performed a solid routine. Michelle Dusserre and Kathy Johnson scored a 9.65. Kathy swung well and executing a deft hecht and a flying full dismount. Michelle was a little shifty on her front shoulder mount but did a nice Higgs-roll. Immediate spin front and a smaller front with a ½ dismount.

Beam

The elegance of the Russians on beam was matched with the aggressive style of the Americans. Tracee Talavera dominated this event. She moves with the smoothness of a cat while making everything look so simple. She was scored a 9.8 on this event just .05 behind Alla Shishova who demonstrated very risky elements, e.g. a round off back handsping mount, a very high well balanced round off back

and an impressive double back dismount. Olga Mostepanova also scored a 9.80. This gymnast is as flexible and has so much control.

I was extremely impressed with her amplitude and her style. She is the most beautiful beam worker since Svetlana, also from the Soviet Union. Johanne performed well on the beam but sat down on her dismount to score a 9.45. Gina Stalke had a fall on her roundoff back but the rest of her routine was very good. She moves well on beam with excellent dance continuities and is one of the USA's top performers on this event.

Floor

I was disappointed in the choices of music — the choreography of the Soviet routines. In contrast, the American girls all had excellent arrangements and choreography. However, the girls from the USSR had more difficulty as a team and their execution was flawless. To score on this event was a juggling with a 9.9. Heraultic,

McDonald's Gymnastics Classic

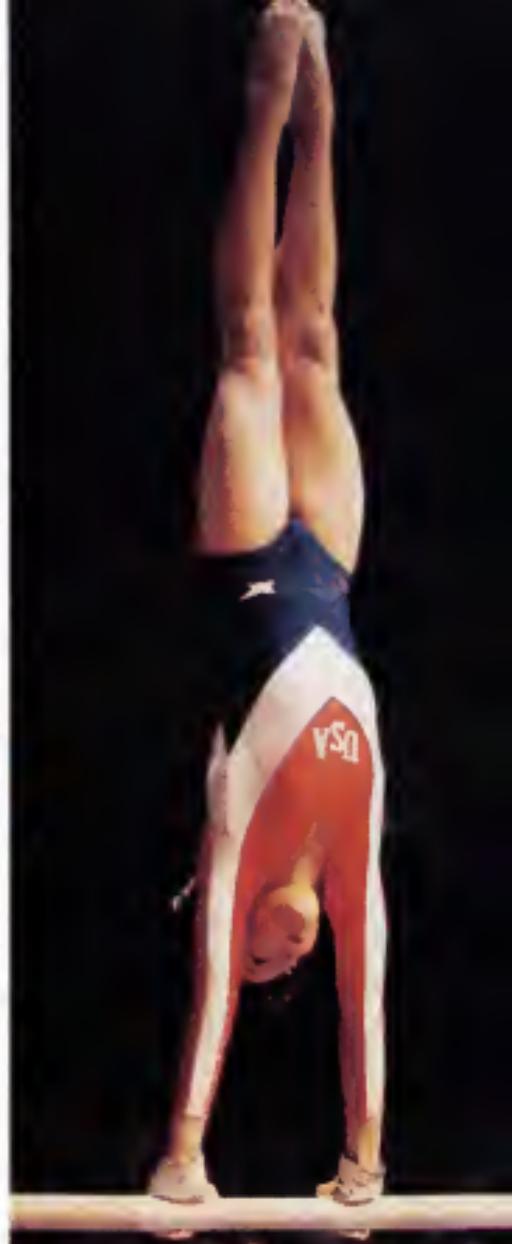
Hosted by  SCATS



A Hungarian Rhapsody had good changes of pace and rhythm and Jeffenne worked well showing good contrast of gymn dance to more soft flowing movements.

She mounted with a good full on, 2nd poss triple full, 3rd poss double full. Shishova and Prolova tied for 2nd with 9.85, both executing piked full on poss, and piked double backs for last pass. Both Mostepanova and Desseire received boundary deductions and both scored 9.65.

Montignosi has a beautiful routine, very expressive body and very dynamic. She is a combination of Durmsova and Filatova and is simply exquisite. Gina Stalke has a new routine performed to West Side Story. It is very dynamic and quite the best routine she's competed. She mounted double pike and dismounted double back showing good strength and vibrant dance combinations throughout.



Michele Desseire (above) was the strongest of the USA team placing in a tie for third place. (photo by Dave Block)



AMF

Judiann McDermid earned a 9.9 score on the floor exercise to help her to a fifth place overall. Above: the dismounts on aerial from Judiann on the balance beam. (Photos by Dave Black)

It was obvious the major difference between the Soviets and Americans is the Soviets give no points away. They are the best in the world at this. Their form is always perfection personified. Their toe point, leg extension and simple body alignment is a pleasure to watch.

We have gymnasts who can perform equally as difficult routines but we have so few gymnasts who can perform them as well. It is imperative we work on this, not only on the gym during training but routines with better execution must receive justification from the judges when they compete. Otherwise, this problem we have

nationally will not receive the attention it deserves.

Men's and Women's Finals

The men's and women's finals were held on April 24th at UCLA's Pauley Pavilion before a crowd of 9,000 people.

The Soviet team marched in and were loudly applauded by a most appreciative audience. Then the Americans marched into a standing ovation. The people cheered and applauded their countrymen realizing that these same gymnasts could be marching in to this same arena just 15 months later, wearing their USA jerseys with the pride and dignity which only they can sense, for the many many pairs of hard work, of frustration, of pain and fear of humble pride and of the sense of accomplishment which is justly theirs.

Thus the competition between these two great countries began, with an atmosphere in the air that was electrical and a hush fell over the crowd as the first performer was preparing to begin men's floor exercise.

Men's Floor Exercise

Stephane Marmikov and Mitch Goyford scored 9.8 to tie for first place. All of the finalists performed excellent floor in's some of which were second passes and Yann Kirelev dominated with a full, second pass with a handspring double from a somersault and first pass was an awesome double layout. He stepped out of bounds however and his 9.7 was good for a fourth place finish.

Vladimir Artemev was third with a 9.75 for a clean routine. Marmikov's double out to immediate punch front was exciting and his form was very impressive. Mitch's piked full in was a little short on landing but his double back dismount was high and his aggressive style made him popular with both the judges and the crowd.

Women's Vault

Shishova won a very close contest here beating out Judiann McDermid and teammate Olga Montepanova by a mere .025. Her two vaults round off layout back and round off full twisting back sets were well executed and showed excellent discipline in the landings. Judiann scored 9.75 for both of her vaults, a layout back and tucked full twisting back, which were executed with precision and control. Olga also scored 9.75 for her two vaults, a full twisting layout back and a nicely done piked entry.

Men's Pommel

Dmitri Bilonoshevich quickly became the crowd's favorite as this 17 year old youth competed with risk and dynamics throughout the evening. On pommels he's considered the best in the world with a routine that contains extremely original moves done with incredible amplitude and he was rewarded with an almost perfect 9.95.

Vasiliu also executed an extremely difficult routine and according to Dan Connolly shows a "very precise, not as exciting, but no place to deduct" routine. Artemev placed third with a 9.8 performing a very difficult routine including two reverse french in flairs.

Women's Uneven Bars

The USSR took all three medals on this event with Shishova winning the gold, Braslavskaya silver and Montepanova scored 9.8 for a routine that was identical to the previous day. Her giant 16 parquets was super as was her swing and good form. Montepanova again had trouble with her reverse heels, hitting her leg and not attaining much height. Her score of 9.75 just edged out Kathy Johnson's 9.7. Kathy worked agreeably and showed good swing in her derches and flyaway full twist.

Judiann McDermid again had problems with her front salter to front release and had to take a fall. Her score of 9.45 was the result of an otherwise perfect routine.

Men's Rings

Mitch Goyford and Bilonoshevich fought it out for the gold on rings both scoring 9.9 for exciting, dynamic routines. Mitch's triple back dismount highlighted a routine that was unbelievable. His control and strength on this event was superb and his 9.9 was well deserved. Bilonoshevich showed super strength, form and swing but managed a weak dismount (double back) for an otherwise excellent routine.

Jim Hartung and Yann Kirelev both scored 9.85. Jim holds his strength parts and has a very solid routine culminating in a great 16 and a nice double back dismount. Kirelev's routine was so much

better than in the all-around competition and he managed his seven giants with ease. The USA and USSR fought it out again for a tie in 5th place where Scott Johnson and Stephan Martonov both received 9.75. Scott finished his routine with a super double twisting doublebrick.

Men's Vault

Biloushev scored another almost perfect 9.9 average on vault. His first attempt was a handspring piked front with 6 twists. It was absolutely fantastic. He stuck the landing and scored 9.95. His second vault was a full twisting layout task which was slightly piked and scored 9.85.

Konolev placed second with a piked handspring front with a 6½ twist which was awarded a 9.85. His second vault a layout task was quite low but scored 9.8 with an average of 9.825. Scott Johnson and Mitch Gaylord tied for third with an average score of 9.80. Scott scored 9.85 for his layout task and 9.75 for a low full twisting task. Meissner and Mitch scored 9.8 for both his vaults, first was a good full twisting layout task and his second was a layout task.

Men's Beam

The beam event was dominated by the Americans with Tracee Tolonen winning with a 9.75 and Michelle Dussere placing third with 9.73. Tracee, as always, was aggressive and cool displaying great combinations and risky elements. Alla Musatik was second executing two back handsprings to a layout and a high double back dismount. Michelle is the only gymnast competing a triple twisting dismount of beam and this coupled with her high back handspring layout and side flip earned her the bronze medal.

Men's Parallel Bars

Biloushev tied for yet another gold medal with his 9.9 routine which included a Thomas task and a giant. His originality and acrobatics eventually won over the American judges who deducted him for hitting his feet on the ground in his giant. It was determined by the jury however, that the mats were too high and the deduction for hitting the mats was reversed.

Peter Vidmar, on the other hand, performed flawlessly with a very original set dismounting with an impressive double pike somersault. His routine was well constructed and the crowd was behind him all the way. Konolev's 9.8 edged out Tim Dugger's 9.75 for the bronze. Scott Johnson had scored a 9.95 for his routine in the dual meet but couldn't put it all together for finals where he scored a disappointing 9.5.

Women's Free Exercise

This was an exciting final especially for Kathy Johnson who was told only minutes before the event that she would be performing. This was due to the fall Tatjana McNamara had taken on her beam dismount, a fall which took her out of the remainder of the competition and allowed Kathy to perform. Tatjana Frolova won the gold with a full in mount and double back dismount. Her choreography could have been better but her execution was flawless. Right behind her with 9.8 was Kathy and Michelle Dussere. Michelle finished with a full in second pass, triple twist and third pass a double criss. She performed well to a piece from *All That Jazz* and was well received by the crowd.

Kathy's routine was elegant and evocative personified as she touched the crowd with her movements and feelings for her music. She is one of the very few gymnasts able to "reach out and touch you" while she performs. She mounted with a high double pike and dismounted with a double twist earning a well deserved silver medal.

Men's High Bar

Mitch Gaylord tied Biloushev with a 9.95 on this most exciting of men's events. Mitch's routine is aggressive and well constructed finishing with a high triple flyaway and displaying tremendous amplitude in his releases. Biloushev was equally as dynamic and they were the crowd's favorites at 9.95. Peter Vidmar displayed his consistency with another great performance and scored 9.85 to use with biloushev. Peter's three elite moves were well executed and kept the crowd on their toes wondering what he would accomplish next.

Mario McCaughan's fantastic one arm giant to reverse flight was incredible. The man's high bar was indeed a great way to finish this competition between such powers as the USSR and the USA.

Men's Results — USA vs. USSR

Rank	Gymnast or team	Men's				Women's			
		Vault	Beam	Bar	Final	Vault	Beam	Bar	Final
1	USA	9.75	9.85	9.85	9.85	9.1	9.85	9.85	9.85
2	USSR	9.8	9.85	9.85	9.85	9.05	9.85	9.85	9.85
Champions individual and team coach and coach									
	Name	Performance							
1	Konolev, Leon	9.85	9.9	9.85	9.85	9.05	9.85	9.85	9.85
2	Vidmar, Peter	9.8	9.85	9.85	9.85	9.05	9.85	9.85	9.85
3	Biloushev, Denis	9.85	9.85	9.85	9.85	9.05	9.85	9.85	9.85
4	McCaughan, Mario	9.85	9.75	9.85	9.85	9.05	9.85	9.85	9.85
5	Johnson, Scott	9.85	9.85	9.75	9.85	9.05	9.85	9.85	9.85
6	Gaylord, Mitch	9.85	9.85	9.85	9.85	9.05	9.85	9.85	9.85
7	Armenian, Oleg	9.85	9.85	9.85	9.85	9.05	9.85	9.85	9.85
8	McNamee, Dennis	9.85	9.85	9.85	9.85	9.05	9.85	9.85	9.85
9	Meissner, Mario	9.85	9.85	9.85	9.85	9.05	9.85	9.85	9.85
10	McCaughey, Mario	9.85	9.85	9.85	9.85	9.05	9.85	9.85	9.85
11	Dussere, Michelle	9.85	9.85	9.85	9.85	9.05	9.85	9.85	9.85

WOMEN'S ARTISTIC GYMNASTICS — USA vs. USSR

Rank	Gymnast or team	Champions individual and team coach and coach				Women's			
		Vault	Beam	Bar	Final	Vault	Beam	Bar	Final
1	USA	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
2	USSR	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
Champions individual and team coach and coach									
	Name	Performance							
1	Biloushev, Denis	9.85	9.75	9.85	9.85	9.85	9.85	9.85	9.85
2	Meissner, Mario	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
3	Dussere, Michelle	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
4	Armenian, Oleg	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
5	Johnson, Kathy	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
6	Frolova, Tatjana	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
7	Gaylord, Mitch	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
8	McNamee, Dennis	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
9	Meissner, Dennis	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85
10	Dussere, Michelle	9.85	9.85	9.85	9.85	9.85	9.85	9.85	9.85



Nearly naked USSR gymnast Oleg Meissner (left) and his coach, Tatjana Frolova, watch from the side during the USA-USSR meet. (Photo by Diane Munch)



The competition was followed by a banquet and Shwartz and Tuesday were spent sightseeing and enjoying the hospitality of the UCLA Bruins and the SCATS. The Soviets, however, at UCLA, enjoyed the live sets at Universal Studios, ice-cream sundae breaks between the infectious rides at Knott's Berry Farm and enjoyed the beach and workouts at the SCATS gym.

This dual meet was of the highest caliber and was run most efficiently by the Meet Director Richard Morton and his assistants Cheryl Grier and USGF Director, Michael Jackl.



FEAR

AND THE PRE-SCHOOLER

By DAN FREDRICKS

The purpose for this article lies with the concepts that fear management training is important to the beginning gymnasts, with the surge of preschool programs, fear should be there, and fears are very much evident in pre-school age children.

FEAR AND THE PRE-SCHOOLER

Pre school gymnastic programs which successfully deal with fear share two important concepts. They are cognizant of the fact pre schoolers do exhibit fear and they have a need for special methods in dealing with these fears. Realizing these concepts is essential, for only then can the proper strategies be designed for fear management in the pre school gymnast.

Fear is a natural emotional phenomena (Massimo 1976b). It is found in everyone and is constantly with us in some degree acting as a protective device against danger. Fear can be described as a reaction to insecurity, usually to a new or threatening situation (Gesell 1977). In the young child, the affected response of fear, which is of primary concern to the coach is withdrawal. In order for the child to remain actively participating, they must be free of any insecurities strong enough to cause withdrawal. It is essential, then for the coach to prevent or eliminate fear in these young gymnasts to avoid their withdrawing from activity and consequently nullifying the learning process.

Fear of bodily harm is exhibited at early as five years, and increases until seven years before the child begins to control it.

Attention to fear in gymnastics is usually directed towards that of fear of bodily harm and injury, and rightly so, for the obvious reasons of self-preservation for athlete (child and adult) and coach (ability). This type of fear is a learned reaction which can be acquired not only through a previous bad experience but also through observing and identifying with another's experience (Eiland and Werner 1974; Hetherington and Park 1975). A child witnessing another that is hurt or frightened may likewise be intimidated from a gymnast, usually insecurity sensed by the student in connection with these two criteria can illicit the withdrawal response. Important to remember here is that because of the child's lack of previous experiences and cognitive development, i.e. maturity, the danger need only be perceived to be real.

Gesell (1977) indicates fear of bodily harm is exhibited as early as five years, and increases until seven years before the child begins to control it. He also notes the age of five and one half years as an extremely fearful age. Wolman (1978) also supports this concept, indicating preschool age children have many fears. These statements, then, seem to repudiate the dictum of fearless preschoolers!

MIND GYM (left) concentrates on bar prep on the bar. (Photo by Diane Black)

Although the fear of bodily harm and injury is of great importance to both the gymnast and coach and is given the most attention, there are other fears which can equally affect the pre-schooler's learning experiences.

As the child matures, his previous experience and cognitive development aids in distinguishing between real and perceived fears. What once caused them insecurity no longer threatens them. Conversely, what once did not make them withdraw may do so now.

Although the fear of bodily harm and injury is of great importance to both the gymnast and coach and is given the most attention, there are other fears which can equally affect the pre-schooler's learning experiences. Among the identified fears that can be important in the gym are the fear of strangers, loss of balance, falling, ridicule, peer-disapproval, separation, failure, heights, and of being laughed at. These should be seriously considered when working with pre school gymnasts.

Fear need not be entirely thought of as a detriment to gymnastic success. Actually fear plays a vital role in gymnastics and can act as a safety measure for avoiding dangerous falls or accidents from occurring. Therefore, the gymnasts need to understand the safety measures to be employed and the ramifications if neglected. When discussing safety measures with the students, they should be firmly but matter of factly stated. Too much emphasis on the negative aspects of safety should be avoided as this may create an atmosphere where the students are too apprehensive and, therefore, hinder learning and performance.

AVOIDING FEARS

The most practical and efficient solution to any problem is to eliminate the initial cause of the problem. Although simplistic in theory, this concept can prove well worth the effort spent when considering the amount of time the adverse effects of fear can take away from a gymnast's practice sessions. The time used in the prevention of fear in the early stages of training will be worth the extra effort, when the gymnast is faced with fearful situations associated with more advanced skills. When faced with such a fearful situation, the gymnast will remain in the activity without withdrawing and, therefore, conserve practice time. Also significant is the fact less time will need to be devoted to fear management strategies if withdrawal should happen to occur.

As mentioned fear is a reaction to insecurity. The two main hindrances in dealing with insecurity in the pre school child are attributed to their lack of previous experiences and lack of effective cognitive development. When the young children cannot adequately find security in themselves, due to lack of the aforementioned criteria, they look to their parents or other accepted adult figures for it. In the gym, it is the coach who is required to give this security to the child.

For the moment, place yourself in the position of a pre school child being led into what is called a gym, many times larger than any

living room you've ever seen, containing strange, forbidding equipment with strangers around. Compound this by the fact you are now being separated from your parents and you can imagine why these children feel so insecure on their first arrival.

The first step a coach can take to mollify these insecurities is to make an extra effort in the initial classes to ensure the students will gradually accustom themselves to these perceived new and threatening stimuli.

The friendliness and supportiveness shown by the coach will be very important in giving the pre-schooler a sense of security to help overcome his initial fears. After the coach/student rapport has been established, the next step is to slowly familiarize the student with the physical aspects of the gym. Gradually becoming acquainted with the equipment, students and activities, combined with trust in the coach, will do much to give the student a sense of security for his initial fear management.

When initially trying to become acquainted with new students and of alleviating their insecurities, an often employed approach to reaching the students is through humor and laughter. Laughter may break down barriers between the students and coach only if it is not directed at a student. When employing humor it is imperative that at no time should a child feel that he or she is being laughed at (Toma, 1966), in his classic work "On Aggression," emphasizes the importance of this concept, stating "...laughter can turn into a very cruel weapon, causing injury if it strikes a defenseless human being undeservedly. It is criminal to laugh at a child." (Tomas, 1966)

After the initial steps have been taken to develop the student's trust in the coach and security in the atmosphere of the gym, the next step is to make the child secure in the physical activity itself; in other words, to gain self-confidence through successful experiences, eliminating the chance for fear to become detrimental. Of major concern here are the methods described by Masunaga (1976a, 1981a), namely, the use of progressions, correct spotting, and the gymnast's physical preparedness. These are two main indications for the use of progressions.



First, because the tasks are graduated, it gives the gymnast self-confidence when successfully accomplishing basic activities which will be used by the child as experience references when faced with further challenging skills. Secondly, progressions will make the activities safer. Any falls or accidents which should occur will prove to be less traumatic to the child thereby leaving less chance of the resultant fear response from occurring.

Progressions, therefore, are the main aid in giving the child a repertoire of safe and successful experiences with which to build upon. However, correct use of spotting and the gymnast's physical preparedness, as well as the proper use of mats and good equipment, are also important factors to be employed for promoting self-confidence and safety.

FEAR MANAGEMENT STRATEGIES

Fears are found in everyone to a certain degree throughout life. Even if preventive measures to avoid fears are employed, the young gymnast may still exhibit various degrees of fear (although these fears should be fewer and less critical if preventive measures are used.) To aid the gymnast in adequately managing any fears acquired in the gym, the coach will need to understand and to utilize several basic fear management strategies.

The first step a coach can use following a fearful situation is to give the student extra encouragement and support. This additional reinforcement may be all that is required for the gymnast to overcome an insecure situation and to participate again. Note the child is encouraged, not forced, into participation.

Forcing the issue on a child who is not emotionally (or physically) prepared has occurred) readily will merely aggravate an already fearful situation and may intensify their withdrawal. Needless to say, using ridicule or humiliation is detrimental when encouraging a child to participate and should be avoided.

The next step a coach can take to alleviate a fearful situation from arising is to have the gymnast step back in the skill progression, thus keeping them actively participating at a level where they are secure. The child then goes through the progression again so they gain security through safe and successful experiences. If the student is at such a point where few or no steps of the progression can be taken back, the coach will need to simply familiarize the gymnast again with the fear-providing object or activity.

We are then the child's natural reactions to fear can be instinctively resolved through their own inexperience, i.e., competitive return. The coach can then simply allow nature to run its course as the child's return should be merely a matter of time with the coach's support. To hasten this competitive return, the coach may take yet another step. Knowing that young children will be drawn back to an activity more rapidly when there are fearless models to observe, (Hetherington and Park, 1975) the coach simply designs lessons where the gymnast can identify and be with other fearless children.

The above-mentioned strategies should help the young gymnast adequately manage their basic fears. For managing deeper rooted fears or phobias, more specialized and intense methods need to be used in conjunction with a professional.

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1983 CONGRESS PROGRAM

SCHEDULE OF SESSIONS*

October 5-9, 1983

Wednesday

9:00 am - 4:00 pm	Business Management & Opportunity Seminar	Guy Sebert Steve Cook
6:00 pm - 10:00 pm	Business Management & Opportunity Seminar	Guy Sebert Steve Cook

Thursday

9:00 am - 5:00 pm	Business Management & Opportunity Seminar	Gary Jefford Steve Cook
9:00 am - 5:00 pm	American Coaching Efficiency Program	Robert Lewis Dan Gould

The above sessions are being presented immediately prior to USGF Congress

Thursday

6:00 pm - 7:30 pm	Direct Assembly	Mike Jacki
8:00 pm - 9:30 pm	Open Meeting	Mike Jacki

Friday

9:00 am - 11:00 am	Legal Aspects of Gymnastics	Mark Appenrodt Marc Nelson Jerry George Bruce Kline
9:00 am - 10:30 am	Rhythmic Gymnastics Group: Chorography Lecture/Demonstration	Dr. Zlata Mironov
9:00 am - 11:00 pm	Elite Judging Clinic	Jacki Fox
11:00 am - 11:00 am	Media Program	Barbara Allen
11:00 am - 11:15 pm	Rhythmic Solo & Regional Champs	Andrea Schmid
11:30 am - 12:30 pm	Business Session	Gary Jefford Steve Cook
11:30 am - 12:30 pm	Drill Base Training	Ben (Hayward)
11:00 pm - 1:00 pm	United States Association of Independent Clubs	Ed Kuepper
12:30 pm - 1:00 pm	Rhythmic Demonstration	Dr. Zlata Mironov
1:00 pm - 2:00 pm	Sports Medicine	Dr. Irving Dardik
1:00 pm - 2:30 pm	Media Program	Tom Gaudet Steve Cable
1:00 pm - 3:00 pm	Business Session	Guy Sebert Steve Cook
3:00 pm - 3:30 pm	Lecture/Demonstration	Dave Black
3:30 pm - 4:00 pm	Elite Judging Clinic	Debbie Goss
3:00 pm - 4:30 pm	Rhythmic Gymnastics Champs/Clinic	Maureen Broderick
4:30 pm - 6:00 pm	J. O. Boys Coaches Meeting	Robert Conner
4:00 pm - 5:30 pm	Business/Demonstration - W	Greg Meidell Wesley Almquist
4:00 pm - 5:30 pm	Promotion	John Tamm
5:00 pm - 6:00 pm	Second Association of Women's Rhythmic Judges Membership Meeting	Janice Schiebenhofer

6:00 pm - 7:00 pm	High School Coaches Association	John Blakeworth
6:30 pm - 8:00 pm	National Women's Program Committee (NPPC) General Assembly	Ursula Chiaroscio
6:30 pm - 9:00 pm	National Coaches College Gymnastics Coaches (NAGCC) - W	Mike Jacobson
6:30 pm - 10:00 pm	NAGCC - W	Fred Yostoff
8:00 pm - 10:00 pm	NAGC Regional Meeting	
8:00 pm - 10:00 pm	Elite Coaches Association	Jim Gault

Saturday

9:00 am - 10:00 am	NAGC - W	Mike Jacobson
9:00 am - 10:00 am	Rhythmic Demonstration	Wendy Richard
9:00 am - 10:00 am	Roast/Fustus	Jerry George
9:00 am - 1:00 pm	Introduction to the Proposed 1989 Junior Olympic Competition	John Gembicki Committee
9:00 am - 11:00 am	NAGC General Membership Meeting	Les Savory
9:30 am - 12:00 pm	Rhythmic Gymnastics Judging Update	Norma Zolka Anita Schmid
10:30 am - 12:00 pm	Pre-School Demonstration	Gary Anderson
11:00 am - 11:30 pm	The Judging Clinic - W	Debbie Dak
11:00 am - 12:00 pm	J.O. Boys Gymnastics Coaches Association	Jeff Lee
1:00 pm - 2:00 pm	Sports Medicine	Dr. James Aronson Gordon Collier
1:30 pm - 3:00 pm	Professional Program ANP	Gerry Pe
2:00 pm - 3:00 pm	Lecture/Demonstration	Kathy Johnson
2:00 pm - 3:00 pm	Men's Program	Jim Howard Mike Wenzel
4:00 pm - 5:00 pm	Men's Judging Inspection	Bill Koenigstein
4:00 pm - 5:00 pm	Lecture/Demonstration	Beth Conner
4:00 pm - 6:00 pm	Women's Judging Session	Carol Dase
7:00 pm - 8:00 pm	Reception	
8:00 pm - 10:00 pm	Reception	

Sunday

8:30 am - 9:30 am	Junior Certification Committee Meeting	Victor French
9:30 am - 11:30 am	Introduction to Proposed 1989 Junior Olympic Competition	John Gembicki Committee

*Room assignments for meetings to be announced.



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WOMEN'S ARTISTIC GYMNASTICS— 1983 WORLD CHAMPIONSHIPS TEAM SELECTION PROCEDURE

1. QUALIFICATIONS

- A. Quantification of the Championships of the USA is through the USG Elite Regional Team meets and the USG American Classic or US Classic (first and second site national qualifying meets).
- B. Based on the AK Annual Results from the 1981 Championships of the USA (combined competitors and national teams), the top twenty (20) Senior gymnasts will qualify to the World Championships Team Trials.
- C. The World Championships Trials Trials will take place on September 8-10 in Eugene, Oregon.
- D. Petitions to enter the Trials will be accepted in regard to injury illness or representing the USA in an international competition during the same time period as Championships of the USA.

II. TESTIMONIES

4. Compensation of the Board will be All Olympic competition expenses on September 8th and All operational expenses on September 9th. Final scores from the Board competition will be determined from the combined total score of the eight (8) assessors.

III. TEAM SELECTIONS

8. The AN Arneaud scores from *Relationships of the AN* with coast 65% and for all Arneaud scores from the Treaty with coast 65% as determining an individual's coastal flood ranking, with the exception of permitted grants of preference given under the Treaty score will cover 100% for the World Communities Treaty because her score must meet

The raw score as well as the total score are used for the test to be scaled using the top eight (T8).

E Based on the combined total *All Around* scores from the Championships of the USA and the Trials (not including directly invited (D) gymnasts) in third order will be invited to participate in the World Championships.

C Gymnasts 1-5 will be allocated starting positions in the World Championships and Gymnasts 5-8 will be assigned the competition in the International Dual meet immediately prior to the World Championships. The responsibilities will help determine the 5th and 6th starting positions and also help determine the risk of the alternative final determination will be made by the National Coach, Assistant National Coach and a representative from the USGF Women's International Program Committee.

Based on the Minutes from the January 20, 1990 Women's International Program Committee meeting, the Executive Committee of the USGF has given the WIPC the authority to disband necessary to change members of the team for just cause.

D The International dual competition will take place in the Federal Republic of Germany on October 15-16, 1991.

TEAM TRAINING

A. Team shooting will take place in the Federal Republic of Germany from October 20-21
 B. The XXV World Championships will take place from October 26-28, 1981 in Rockford, Missouri

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CALENDAR

UNITED STATES GYMNASTICS FEDERATION Schedule of Events (Dates subject to change)

Revised July 21, 1983

September 6-10 World Championships Team Trials (W/W) Eugene, OR	October 20-23 World Championships Budapest, Hungary	November 19 South African Cup (M/W) Vicenza, South Africa	March 23-24 Class I State Championships TBA—Various Sites
September 10-25 880—2nd International Tournament in Japan Tokyo, Japan	October 24-Nov. 5 ISG—World Championship Team Training Camp Colorado Springs, CO	December 3-8 Championship Cup Nagoya, Tokyo, Japan	April 5-6 NCAA Women's Championships Los Angeles, CA
October 9 World Sports Festival (W/M/L) Tokyo, Japan	November 2-3 Y International Tournament at Cava (W) Cavala, Sicily	December 15-18 USG Single Elimination Team Bronx, NY	April 6-7 Class I Regional Championships TBA—Various Sites
October 14-15 Inv. World Championship Dual Meet— Men France	November 2-10 PGC Congress Strasbourg, France	February 17-18 1984 USG American Classic TBA, OH	April 13-14 1984 U.S. Classic TBA
October 15-16 Inv. World Championship Dual Meet— Women Federal Republic of Germany	November 3-7 International KTB Poles (M) Freiburg, FRG	March 2-3 1984 USG American Classic TBA, OH	April 15-15 1984 Olympic Gymnastics National Championships TBA
November 11-12 South African International OH/W Durban, South Africa	November 18-19 ISG—XII World Championships Stockholm, Sweden	March 17-18 McDonald's American Cup TBA—Various Sites	TBA
	November 23-24 "International Mixed Poles" Durban, South Africa	March 28 "International Mixed Poles"	1984 USG U.S. Classic (W) TBA

USGF GYMNASTICS MAGAZINE DEPARTMENTS

In order to continue in providing our readers with the most diverse and comprehensive information covering the gymnastics community, we have expanded the magazine's coverage to include 20 different Departments. These various Departments will be a continuing series. However, each Department will not appear in every issue. Your contributions to the following issues will help assist all those involved in the sport. The following are brief descriptions of each department. We look forward to your contributions. Please address your correspondence to:

Editor

USGF GYMNASTICS Magazine
111 West Washington Street
Stevens Point, WI 54481
Telephone: (608) 345-4204

Contributors should include with their double spaced typescript manuscripts a self-addressed, stamped envelope for return. Please include a copy of a recent photograph and a brief biography. Information should be under a heading with an attached description, photo credit, and a self-addressed, stamped envelope for date return by mail.

LETTERS TO THE EDITOR: Your comments, questions, and suggestions, and any related news items, articles, or other opinions or perspectives from the magazine, readers and international competitors, gymnasts, history and future directions, USGF programs and services, etc.

USGF MEMBER ASSOCIATIONS: This department will publish historical, study and competition articles concerning the 18 member associations which comprise the USGF.

MARKS: Will attempt to cover the basic elements needed for proper event gymnastics development—flexibility, stance, motion, strength, etc. This series encourages a variety of viewpoints and better techniques.

GYM OPINION: Readers are encouraged to submit comments, corrections or additions to the Editors of this magazine for possible publication. Manuscripts should be approximately 1000 words in length and should be submitted several identifying solutions to problem areas. This Department is designed

as a forum for members of the membership to "speak their piece."

MEDIA REPORTS: Since more than 100,000 major and local newspapers and many magazines are covering gymnastics and gymnasts. Those articles you enjoy reading relating to a lot of Olympics, simple meet, personality or event details, and come to consideration to be reprinted in the magazine, include the name and address of publication and the date the article appeared.

QUESTION ANSWER: Ask a question — any question — and we'll try to find an in-depth answer. Who, what, where, when, why about history, competition, coaching tips, articles, coaches, judges, rules, equipment, etc. The editor will seek out an authority to answer your question.

GYMNASTS PROFILE, PLACES AND NEWS: Who's the up-and-coming young gymnasts in local? Who's had a special award or year? What events are going to happen? When and where in your area? Include a black and white photograph or illustration with a 100-word description for possible publication.

The following Departments are a part of our Departmental "Tool" — International, National, Sports Medicine, Interviews, Safety, Olympic Update, Business Prospective and Public Relations, Book Reviews, Training and Training, the Gym Community and Related.

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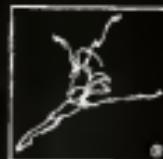


More and more
gymnasts are choosing
dance exercise to
achieve a disciplined and
graceful body.

Left: the zipper-front
leotard with two-color
contrast V-neck. Wild
Plum/yellow/red, Nevel
light blue/dusty rose,
Burgundy/white/open.

Right: Scoop neck with
double contrast bands.
Red/white, Tealight blue,
Green Pine/yellow. Both
in full-fashioned nylon
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